

## WHAT WILL MY CHILDREN LEARN?

*Ninjitsu is the total art incorporating all of the most important aspects of self-protection and self-improvement. These include:*

1. *Character Development*
  2. *Discipline*
  3. *Self-Respect & Respect For Adults*
  4. *Coordination & Control*
  5. *Focus*
  6. *Concentration*
  7. *Awareness & Self-Protection*
  8. *Rolls, Falls, Kicks & Punches*
  9. *Throws & Groundwork*
  10. *Foam Weapons Training*
  11. *Stretches & Exercise*
  12. *Sparring (for some)*
  13. *High Energy Time*
- And much more!*



**Our Location is Just  
North of the Mt. Rose  
Highway Raley's.**

**We're inside the  
"Wedge Parkway Pro-  
fessional Center."**

Champion Martial Arts II

Located Just North of Raley's  
Next Door to "Galena Sports"  
16560 Wedge Pkwy, Suite #200B  
Reno, NV 89511  
.6 Miles North of Mt. Rose Highway

**Web: [www.cmareno.com](http://www.cmareno.com)  
Phone: 775-745-4814  
Email: [ryan@cmareno.com](mailto:ryan@cmareno.com)**



**Family & Kid's Class**

**Confidence - Leadership  
Teamwork - Respect**

***Free Uniform With  
Membership\****

**Please visit us on the web  
[www.CMAREno.com](http://www.CMAREno.com)**

**775-745-4814**

# Ninjitsu Is The Total Art: Mind, Body & Spirit

## WHY JOIN OUR TEAM?

1. Top Character Development Program in Reno
2. Great Discipline For Young People
3. Fun Learning Environment
4. Variety, Variety, Variety
5. Early Afternoons & Evenings
6. Great at Home, Great in School and Great in Jujitsu
7. Events and Other Opportunities Available
8. Work Out With Your Kids in the Same Class
9. Family Atmosphere

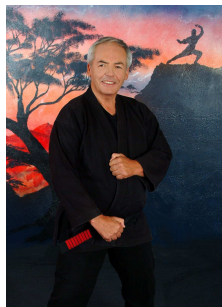
## INSTRUCTORS

The son of Professor Cary, Sensei Ryan as his students call him has been in or around the Martial Arts for well over 20 years. He has been an instructor for over 18 years. As the youngest black belt in the history of Champion Martial Arts, Sensei Ryan was the Junior Sport Jujitsu Grand Champion for two years in a row. His focus now is on improving the knowledge of others and working to be a positive role model for the people he instructs, his son Ryan and his new baby Erin.



Sensei J. Ryan Cary  
Dojo Head, 5th Dan

As Grand Master and Soke for over 45 years, Professor Cary is considered by many to be the most prominent Jujitsu Grand Master in all of Northern Nevada. Very few people have the experience he has.



Professor LL Cary  
Soke, 9th Dan

### Achievements:

World Martial Arts Hall of Fame

6th Degree Black Belt or above in 5 different types of Martial Arts

Father of two boys

Head Coach - US Sport Jujitsu Team

## YOU & YOUR CHILDREN WILL:

- \***BUILD CONFIDENCE**
- \***IMPROVE HONESTY, INTEGRITY & LOYALTY**
- \***LEARN TO LEAD**
- \***RESPECT SELF & OTHERS**
- \***LEARN SELF-CONTROL BALANCE & FOCUS**

## DETAILS

Family Schedule: Classes are held Monday-Friday from 4-7:45pm

**Adult Classes available Monday-Thursday**

\*Visit location for details. New students only please.

